


LA ROCHE UNIVERSITY
2023 DISTINGUISHED ALUMNI CIRCLE AWARD RECIPIENT



Lori Arend '04, M.A., LSW

(Posthumously)

Director of Counseling & Health Services
La Roche University

As Director of Counseling & Health Services, Lori Arend '04, M.A., LSW, was a shoulder to cry on as well as an enthusiastic supporter of La Roche University.

Throughout her many years on campus, Ms. Arend had a significant impact on La Roche students.

A 2004 graduate and recipient of the President's Award for Leadership & Scholarship, she served as an intern in the Counseling & Health Services office while in graduate school. She later worked as a La Roche counselor before becoming the director in 2011. She was recognized twice for her contributions to La Roche, receiving both the Commitment to Excellence Award and SGA Outstanding Staff Award.

As an adjunct professor in the La Roche Psychology Department, Ms. Arend shared her expertise and working knowledge of psychology with her students. She supported La Roche sports and athletes, and was a passionate fan of the La Roche women's basketball team.

Ms. Arend was a volunteer for Camp Erin, a grief camp for children ages six to 17. "It's an amazing feeling to have the opportunity to give back what was freely given to me," she said in 2015. "Camp Erin is a safe and supportive place for attendees to get encouragement and strength, which is very similar to what I experienced at La Roche."

Ms. Arend earned a Bachelor of Arts in Psychology from La Roche, and a Master of Arts in Social Work from the University of Pittsburgh. She successfully completed her education while, as a single mother, raising three children: Valerie, R.J. and Maddie.

